



Arizona Caregiver Coalition
— Serving the Needs of Arizona Caregivers —

ARIZONA RESPITE NETWORK

QUARTERLY MEETING OCTOBER 19, 2021





WELCOME AND BACKGROUND



ARIZONA LIFESPAN RESPITE GRANT 2020-2023

- **Administration for Community Living makes grant available**
- **Arizona recipient is the Arizona Department of Economic Security**



ARIZONA CAREGIVER COALITION

- **Azcaregiver.org**
- **Info@azcaregiver.org**

Caregiver
Resource Line

Respite
Assistance

Family
Caregiver
Reimbursement
Program

Advocacy for
Caregivers and
their loved ones

ARIZONA LIFESPAN RESPITE GRANT: OBJECTIVES

- **Make respite more accessible**
- **Enhance provision of emergency respite**
- **Provide consistent delivery of respite**
- **Establish a Lifespan Respite Network**



ARIZONA LIFESPAN RESPITE GRANT 2020-2023

Initial Partners

- Arizona Department of Economic Security (ADES), Division of Aging and Adult Services (DAAS)
- Arizona Caregiver Coalition (ACC)
- Area Agencies on Aging
 - Area Agency on Aging, Region One Inc.
 - Pima Council on Aging
 - NACOG Area Agency on Aging

Key Activities

- Prior grant 2017-2020
- Adult Day Center Respite (96 hours)
- Respite voucher (\$599), consumer directed
- New: Mini-grants for organizations to create new respite opportunities
- Committees to advise on the grant

azcaregiver.org



VISION AND GOALS



ARIZONA RESPITE NETWORK: VISION

- **All family caregivers in Arizona will have access to respite care services when needed, included during emergencies**



ARIZONA RESPITE NETWORK: CHARTER

- **Arizona networks and agencies come together to strengthen the respite system and expand alternative respite services and resources**



ARIZONA RESPITE NETWORK: CHARTER (2)

- **Who:** providers of respite, non-profit organizations, government agencies, interested individuals with focus/experience in family caregiving
- **How:** Through partnerships and collaboration; coordinating work groups; networking with governmental agencies, community-based organizations (CBO) and providers of respite
- **Whom we serve:** Family caregivers in Arizona, esp. rural, underserved
- **What:** Address needs of families in regard to respite; address gaps in respite care services; develop resource lists, processes, and alternative respite options (including day programs, circles of care, natural supports)

ARIZONA RESPITE NETWORK: GOALS

- Information sharing and effective outreach
- Direct caregivers to the right respite resource at the right time
- Identify gaps and needs and act collectively to address these
- Identify opportunities and act collectively to use them





ACTIVITIES IN PROGRESS



LIST OF PROVIDERS (CATTROBAUGH, WACOG AREA AGENCY ON AGING)

- **Create list to provide information for Arizona families**
 - **Day centers and clubs**
 - **Home care providers**
 - **Assisted living and nursing facilities**
 - **Other options**
- **Future: List of providers accepting emergency referrals**



EMERGENCY RESPITE PROCESS (LITA NELSON, ADES-DAAS)

- **Define emergency respite**
- **Identify respite options and provider**
- **Develop a referral protocol**



EMERGENCY RESPITE TOOLKIT (JUTTA ULRICH, ARIZONA CAREGIVER COALITION)

- **Workbook with information and checklists**
- **Assistance through AmeriCorps members or interns**
- **Follow-up contacts**



MINI GRANTS (JUTTA ULRICH, ARIZONA CAREGIVER COALITION)

- Develop or enhance respite opportunities
- Non-profit, faith-based, governmental; for-profit applicants will be considered case by case
- \$500 - \$3,500

MINI GRANTS: PURPOSE

- The goal of this opportunity is to provide funding that will allow community-based organizations (CBOs) the ability to provide their services at no cost or low cost to families across the state with diverse respite needs. These programs are for family caregivers that are supporting a family member of any age (children and adults) with any condition, targeting families not already receiving respite from ALTCS, the VA, or other public programs.
- This opportunity is to expand, increase, and/or to develop and implement respite care services or establish a new respite program for community-based organizations. CBOs are encouraged to apply for the ability to offer respite at a special one-time or repeating event. We encourage programs that will offer respite on an ongoing in-home respite basis or events that repeat, especially to families not able to access public (governmental) respite services.



NEXT STEPS



MEETINGS

- **AZ Respite Network**
- Quarterly meetings in January, April, July, October
- Mailing list to receive updates
- **Working Committees**
- Meet as needed
- Scheduled separately

PRIORITIES: DISCUSSION (SCOTT HAWTHORNTHWAITE, AREA AGENCY ON AGING, REGION ONE, AND CAT TROBAUGH, WACOG)

- 2021-2022
 - Emergency respite
 - Respite provider list
 - Networking and information sharing
- Future
 - ?
 - ?
 - ?

COMMITTEES

- Executive Committee = subcommittee leads
- Respite provider list (Cat Trobaugh)
- Mini-grants
- Marketing
- Training
- Sustainability and funding
- ?

THANK YOU FOR YOUR PARTICIPATION

- Meeting notes will be sent
- We will create a mailing list
- Please send contact information for other potential members
- Send your comments and information to: **info@azrespite.org**

