

Arizona Respite Network Meeting Notes 7.19.22

Updates from Arizona Caregiver Coalition:

- Expanded Respite Voucher Program to have two options:
 - Option 1: \$599 (one payment of \$300 and second payment of \$299, typically covering a 6 month period)
 - Option 2: \$1200, broken into quarterly payments of \$300 over the duration of one year
- The prescreening and application process is the same for both, with the exception of extra documentation needed if the caregiver elects to enroll in the \$1200 option.
- Reimbursement is also the same process as before, with timesheets needing to be submitted from the caregiver to ACC and a check will be mailed for them.
- Qualifications for the \$1200 program are also still the same as the \$599 program.

Arizona Respite Network Subcommittees:

- Language and Messaging
- Transportation
- Other ideas?
- **Please email Kathrine at kathrine@azcaregiver.org if you are interested in joining subcommittees. We would love to start collaborating on different projects through the network.**

Update from Area Agency on Aging Region 1: Scott Hawthornthwaite

Friends and Neighbors Program

Adult Day Health Program

COVID no longer a concern, but experiencing staffing difficulties, particularly with transportation. No waiting list at this time.

Update from Western Arizona Council of Governments: Cat Trobaugh

First meeting with respite providers was not successful, however Cat has contacted the Chamber of Commerce in both Kingman and Bullhead City and they are assisting her with outreach and scheduling a meeting with providers.

Cat will do a presentation with the Chamber of Commerce and their constituents in hopes to generate more awareness about Arizona Respite Network and the need of having a provider list for family caregivers.

As the project for Respite Providers and Emergency Respite Providers grows, Cat will need more assistance. There will be a future subcommittee dedicated to the provider lists.

Provider List:

PDF on ACC website

Indicate which providers offer emergency respite (as long as providers approve to be added on list, and agree to be indicated as emergency respite providers)

If someone has an existing provider directory that we can add onto, please email the list or contact to kathrie@azcaregiver.org

PimaCouncil on Aging Updates: Lisa Reams

- Lisa has a resource directory for the ADHC and Assisted Living Programs and she can send that out. The organizations on that list are not contracted, just serve as a resource for family caregivers.

Presentation from Faith of Care Access

- Study done in partnership with pharmaceutical company on helping delay or prevent Alzheimer's and Dementia symptoms
- Visit careaccess.org to learn how to prescreen and apply for the study

Alzheimer's Association: Graciela Mera

- Helpline: 800-272-3900
 - 24/7 in 200 languages for caregivers
- Visit website www.alz.org
- Walk to end Alzheimer's event on November 5th
- Provides Educational programs virtually
- Provides Presentations at senior centers

Duet: Justin McBride

- Connects homebound adults with volunteers to provide respite for caregivers
- Kinship services
- Support groups for family caregivers caring for someone with Alzheimer's/Dementia, Parkinsons, LGBTQ caregivers, Parents/Grandparents, etc.
 - Support groups are now both virtual and in-person
- Finding Meaning and Hope
 - Based on the book Loving Someone with Dementia by Dr. Pauline Boss
 - Talks about ambiguous loss and complex grief
 - 10 week discussion series
 - Hybrid of educational and support group style workshops
 - Videos and guided discussions are provided during the course
 - Sessions are available in English and Spanish
 - Community partners are able to attend training to become facilitators of this workshop

Oakwood Creative Care Dementia Hub: Monika Lukasiewicz

- Dementia Hub is focused on assisting older adults with cognitive difficulties
- Opening date: TBD
- Currently Oakwood Creative Care facilities offer curriculum in music, art, and in cognitive areas
- COPE: Care of Older Person in their Environment
 - COPE Dementia sessions are between 4 - 14 weeks

- Work with care partners and memory cafes
- Sponsorships available
- Dementia Friendly Business Training

Glory Days: Chelsea Kleve

- Social Day Program
- Kathrine will connect with Chelsea further about their programs

Next meeting: October 18th @ 9:30AM over Zoom