BEHIND THAT SMILE IS A FAMILY CAREGIVER WHO NEEDS A BREAK

Call the Arizona Caregiver coalition today and ask about our respite program at adult day health centers. We offer respite at no cost in Arizona for family caregivers who:

- live full-time with the care recipient.
- are not already getting any other respite services.
- are not working outside the home.

☎ 888-737-7494
🌐 www.AZcaregiver.org
Adult Day Health Centers provide a safe place where a person can be nurtured and stimulated. Centers are licensed by the Arizona Department of Health Services. Services are available Monday – Friday from morning to evening.

Services offered at ADHCs:

- Therapeutic activities
- Personal assistance
- Meals
- Social services
- Health related services
- Medication management
- Caregiver support groups
- Rehabilitation therapy
- Transportation

Adult Day Centers (ADHC) help care recipients improve in health and activity level, and they provide much needed respite for the caregiver.

Contact the Arizona Caregiver Coalition to apply for the Adult Day Center Respite Program. It will make a difference in your life and the life of your family member.

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