



Arizona Caregiver Coalition

—Serving the Needs of Arizona Caregivers—



BEHIND THAT SMILE IS A FAMILY CAREGIVER WHO NEEDS A BREAK

Call the Arizona Caregiver Coalition today and ask about our **Respite Program** at adult day health centers. We offer respite at no cost in Arizona for family caregivers who:

- Live full-time with the care recipient.
- Are not already getting any other respite services.
- Are not working outside the home.

888-737-7494

info@azcaregiver.org

www.AZcaregiver.org





Adult Day Health Centers (ADHC) provide a safe place where a person can be nurtured and stimulated. Centers are licensed by the Arizona Department of Health Services. Services are available Monday – Friday from morning to evening.



Services offered at ADHCs:

- Therapeutic activities
- Personal assistance
- Meals
- Social services
- Health related services
- Medication management
- Caregiver support groups
- Rehabilitation therapy
- Transportation



Contact the Arizona Caregiver Coalition to apply for the Adult Day Center Respite Program. It will make a difference in your life and the life of your family member.

This program is made possible through the Lifespan Respite Grant from the Administration of Community Living and in partnership with the Arizona Department of Economic Security and the Arizona Association of Area Agencies on Aging.



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