



Arizona Caregiver Coalition
— Serving the Needs of Arizona Caregivers —

Annual Report 2019 - 2020



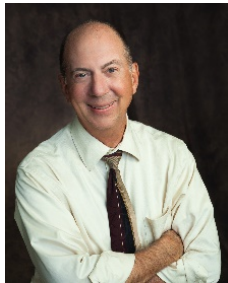
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Annual Report July 2019 – June 2020
A journey to make a difference – one caregiver at a time.

Greetings,

The last three months of the year were unprecedented with the pandemic which continues into our current fiscal year. Despite this challenge we continued to provide information to caregivers and we are working with other organizations in developing additional ways we can continue to be the coalition that not just assists caregivers, but helps in bringing services organizations together, strength is in numbers. We have now passed a milestone with 5 years sustainability as a nonprofit. As you will note in this report the Arizona Caregiver Coalition our continued commitment to develop new and innovative ways to ease the stress of our caregivers continues to guide our direction for a better future.



Dan Taylor, President 2017-2019



Dorothy Kelly, President 2020 - present

Fast Facts

- 3,964 contacts (phone and email) at the Caregiver Resource Line to provide caregiver assistance.
- 75 participants attended Family Caregiver Day at the Capitol. Presenters included: three legislators, AARP Director, caregiver testimonials and how to be an advocate.
- 119 family caregivers got to take a breakthrough the Adult Day Center grant program.
- 5,523 hours of caregiver respite awarded through the Lifespan Respite grant.
- 80 participants were certified in six CPR/First Aid classes for family caregivers, their family members, friends, and neighbors.
- 16 licensed adult day centers and 4 Area Agencies on Aging throughout the state partnered with us on the Lifespan Respite grant.
- 1,640 volunteer hours to support services.
- 3 students from Arizona State University College of Health Innovation completed their internships with the Coalition.

Community Partners

Area Agency on Aging, Region One; Northern Arizona Council of Governments; Western Arizona Council of Governments; Pima Council on Aging; Pinal-Gila Council for Senior Citizens; Arizona Department of Economic Security, Aging and Adult Services.

Participating Adult Day Health Centers

Benevilla – Foundation for Senior Living – Arbor Rose Adult Day Club Oakwood Creative Care – Posada Life Community Services - Desert Mission / Honor Health – Caliche Senior Service

CAREGIVER RESOURCE LINE

3,964 contacts provided information and resources

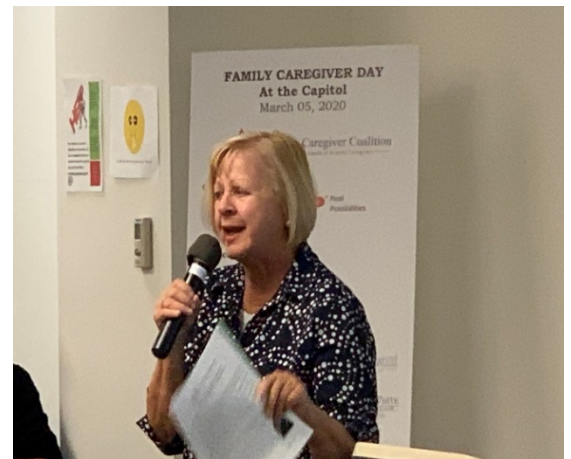


- Our caregiver advocates – staff and volunteers – provide information on programs and services, support groups, and education for caregivers. In addition, they are friendly listeners and offer encouragement to family caregivers.
- Caregiver advocates – staff and volunteers – provided information to visitors at 18 community events and health fairs and introduced the Coalition to various community based organizations and industry networking groups.

FAMILY CAREGIVER DAY AT THE CAPITOL ON MARCH 5TH

75 guests learned about advocacy for caregivers

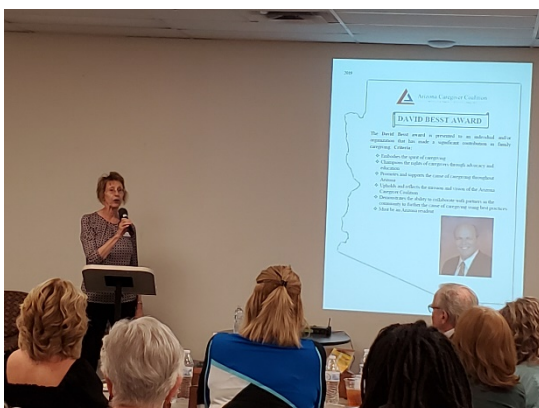
- Speakers included: David Lujan, Arizona Center for Economic Progress; Arizona Senator Lela Alston; Senator Kate Brophy McGee; Senator Heather Carter; Dana Kennedy, Executive Director of AARP Arizona; Jon Meyer, The Arc; Mary Beal-Luedtka, NAACOG; Sherri Griffins, Benevilla and Jutta Ulrich, Executive Director of the Arizona Caregiver Coalition.
- Co-sponsors for Family Caregiver Day at the Capitol were AARP Arizona, the Governor’s Advisory Council on Aging (GACA), Jackson White, FSL, and the Adult Day Health Centers of Maricopa County.



DAVID BESST AWARD:

The David Besst Award is presented to an individual and/or organization that has made a significant contribution in family caregiving. The award honors not only the awardees, but also David Besst, who untiringly worked to establish resources and respite for family caregivers.

Jane Gerlica embodies the true spirit of supporting caregivers. Jane has worked for Banner Health for 33 years as a case manager and social worker. She joined the team at Banner Alzheimer’s Institute (BAI)



three years ago to begin coordinating the collaborative effort between Banner and City of Tempe to launch the one of the first Dementia Friendly communities in Tempe (DFT) as an Outreach Manager. She has developed and expanded the Memory Café at the Tempe Public Library. Her hard work includes coordination of Memory Café program volunteers, life enrichment programs for persons with memory loss and the support group for caregivers. Furthermore, under Jane’s guidance more than 5000 community members have participated in Dementia Friendly informational sessions raising awareness of dementia and the needs of family caregivers while lowering stigma.

LIFESPAN RESPITE GRANT

119 family caregivers got to take a break through the Adult Day Center grant program

- ACC continued to administer an expansion of the Lifespan Respite Grant (\$262,623). Year three of the three-year grant cycle was only for nine months and an extension was approved.
- Each family received a **gift of 96 hours in the adult day health center of their choice**. Caregivers use the time for much-needed self-care, to catch up on paperwork or run errands.
- Among the participants were **10 family caregivers over the age of 80; two family caregivers were 90 years old**, caring for their spouses.

CPR/FIRST AID FOR FAMILY CAREGIVERS

Arizonans were trained in CRP and First Aid to help them care for their loved ones.

- Together with the prior year we have now had 11 classes and trained 134 people. One class with 15 was in Spanish and 12 people was for the deaf and hard of hearing, taught in sign language who plan to be professional caregivers.
- ACC utilized grants from PhrMA and the Medicare Access Network of Arizona to offer five CPR / First Aid classes. These were primarily intended for family caregivers, but also other family members and those preparing for caregiving.



Financials

Revenue

Private Contributions (individual, corporations, grants)	\$16,726
Public Grants	\$138,930
Revenue Total	\$155,656
Total Program Expenses	\$156,210
In-kind contributions	\$41,324

The **Lifespan Respite Grant** from the federal Administration of Community Living is a collaboration of the Arizona Department of Economic Security with the Caregiver Coalition and the Area Agencies on Aging. Due to the pandemic, programs had to be reduced but will be offered next year. An additional \$145,577 is allocated to Arizona Caregiver Coalition and Area Agencies on Aging under this grant.

Both the participating Area Agencies on Aging and the Arizona Caregiver Coalition support the Lifespan Respite grant activities with administrative funds from other sources.

Mission & Vision

The mission of the Arizona Caregiver Coalition is to improve the quality of life for family caregivers across Arizona through Collaborative Partnerships, Advocacy, Resources, and Respite Support. Our vision is that all Arizona Family Caregivers have Hope, and Resources to overcome obstacles of care in our urban and rural communities.

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Ann Wheat, Dan Taylor, Dorothy Kelly

Arizona Caregiver Coalition

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