

Annual Report July 2018 – June 2019
A journey to make a difference – one caregiver at a time.

HIGHLIGHTS

- 126 family caregivers got to take a breakthrough the Adult Day Center grant program.
- 9,481 hours of caregiver respite awarded through the Lifespan Respite grant, this year.
- 58 participants certified in CPR/First Aid classes. Target group is family caregivers, their family members, friends and neighbors.
- 16 licensed adult day centers and 4 Area Agencies on Aging throughout the state partnered with us on the Lifespan Respite grant.
- 3,964 calls taken at the Caregiver Resource Line to provide caregiver assistance.
- 1,071 volunteer hours to support services.
- Three students from Arizona State University College of Health Innovation completed their internships with the Coalition.
- David Besst Award 2019 given to Dr. David Coon and Duet: Partners in Health and Aging.
- Family Caregiver Day at the Capitol with 58 participants learning about caregiver issues and advocacy.

DAVID BESST AWARD:

The David Besst Award is presented to an individual and/or organization that has made a significant contribution in family caregiving. The award honors not only the awardees but also David Besst, who untiringly worked to establish resources and respite for family caregivers.

The 2019 winners:

Ann Wheat (left), CEO, Duet, accepted the award their nonprofit organization which delivers compassion, dignity and hope to homebound adults, family caregivers, faith communities and grandfamilies.



David W. Coon (Right), PhD, is the Director Innovation in Healthy and Resilient aging at Arizona State University, Dr. Coon designs and evaluates interventions, such as CarePRO (Care Partners Reaching Out) and EPIC (Early-stage Partners in Care), that focus on culturally diverse groups of midlife and older adults facing chronic illnesses (e.g., dementia, cancer, depression) and their family caregivers.



LIFESPAN RESPITE GRANT

126 family caregivers got to take a breakthrough the Adult Day Center grant program

- ACC continued to administer an expansion of the Lifespan Respite Grant (\$262,623). Year two of the three-year grant cycle was very successful.
- ACC completed 126 applications. Each family received a **gift of 96 hours in the adult day health center of their choice**. Caregivers use the time for much-needed self-care, to catch up on paperwork or run errands.
- Among the participants were **10 family caregivers over the age of 80; two family caregivers were 90 years old**, caring for their spouses.
- Thomas H. "I was grateful for the time ACC added back to my life [through the respite];it's a great organization."



Sylvia and Walter K. enjoying a moment at the day center

CAREGIVER RESOURCE LINE

2000+ callers received information and resources through the caregiver resource line



- Our caregiver advocates – staff and volunteers – provide information on programs and services, support groups, and education for caregivers. In addition, they are friendly listeners and offer encouragement to family caregivers.
- Caregiver advocates – staff and volunteers – provided information to visitors at 13 community and health fairs in the community.

Karen and Virginia at an information fair in Sun City

CPR/FIRST AID FOR FAMILY CAREGIVERS

38 Arizonans were trained in CRP and First Aid to help them care for their loved ones.

- ACC received a grant from PhrMA and the Medicare Access Network of Arizona to offer CPR / First Aid classes. These were primarily intended for family caregivers, but also other family members and those preparing for caregiving.
- ACC organized 5 classes, including Surprise, Glendale, Tucson and Phoenix. Training is provided by Archway Training and participants are certified through the American Emergency Response Training.



CPR class at City of Phoenix Aeroterra Center

FAMILY CAREGIVER DAY AT THE CAPITOL

58 guests learned about advocacy for caregivers

- The Arizona Caregiver Coalition held its 7th Family Caregiver Day at the Capitol on March 23, 2019.
- Speakers included Arizona Senator Lela Alston; Haleigh Collins, Master of Social Work; Daniel Taylor, Board chair of the Arizona Caregiver Coalition; Dana Kennedy, Executive Director of AARP Arizona; Sara Ruf, Arizona Developmental Disabilities Planning Council, and Jutta Ulrich, Executive Director of the Arizona Caregiver Coalition.
- Co-sponsors for Family Caregiver Day at the Capitol were AARP Arizona, the Governor’s Advisory Council on Aging (GACA), and FSL.

Dan Taylor, President of the Board of Directors addressing participants at the Day at the Capitol



Financials

Contributions (individual, corporations, grants)	\$12,845
Contributions (Public): Dept. of Economic Security	\$115,372
In-kind contributions	\$44,682
Total	\$172,899
Program Expenses	\$136,124 (81%)
Management and General Expenses	\$32,833 (19%)
Total	\$168,957

The **Lifespan Respite Grant** from the federal Administration of Community Living is a collaboration of the Arizona Department of Economic Security with the Caregiver Coalition and the Area Agencies on Aging.

\$135,370	Allocated to Arizona Caregiver Coalition and Area Agencies on Aging (through August 30, 2019)
\$ 18,387	Administrative expenses (14%)
\$116,983	Program expenses (86%)

Both the participating Area Agencies on Aging and the Arizona Caregiver Coalition support the Lifespan Respite grant activities with administrative funds from other sources.

Mission & Vision

The mission of the Arizona Caregiver Coalition is to improve the quality of life for family caregivers across Arizona through Collaborative Partnerships, Advocacy, Resources, and Respite Support. Our vision is that all Arizona Family Caregivers have Hope, and Resources to overcome obstacles of care in our urban and rural communities.



Ann Wheat, Dan Taylor, Dorothy Kelly

Board Members

- ✚ President: Dan Taylor, Non-Profit Executive, retired
- ✚ Vice-President: Dorothy Kelly, Foundation for Senior Living
- ✚ Secretary: Brandon Baxter, Northern Arizona Council of Governments
- ✚ Treasurer: Erica McFadden, Arizona Developmental Disabilities Planning Council
- ✚ Lois von Halle, Caregiver
- ✚ Jantell Cansler, Caregiver
- ✚ Daniel Nunez, Jackson White Elderlaw

Community Partners

Area Agency on Aging Region One Inc.
Northern Arizona Council of Governments
Western Arizona Council of Governments

Pima Council on Aging
Pinal-Gila Council for Senior Citizens
Arizona Department of Economic Security,
Aging and Adult Services

Participating Adult Day Health Centers:

Benevilla – Foundation for Senior Living – Arbor Rose Adult Day Club Oakwood
Creative Care – Posada Life Community Services - Desert Mission / Honor Health –
Caliche Senior Services

Arizona Caregiver Coalition

www.azcaregiver.org

Caregiver Resource Line

888-737-7494

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